

THE STAMFORD FAMILY YMCA GYMNASIUM SCHEDULE

July - August 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
FAMILY GYM TIME 8AM-3:45PM FULL (No Equipment)	OPEN BASKETBALL 5AM-7AM (No Equipment)	OPEN BASKETBALL 5AM-7AM (No Equipment)	OPEN BASKETBALL 5AM-7AM (No Equipment)	OPEN BASKETBALL 5AM-7AM (No Equipment)	OPEN BASKETBALL 5AM-7AM (No Equipment)	YMCA YOUTH SPORTS 8AM-10AM FULL
	BADMINTON 5:30AM-7:00AM HALF	BADMINTON 5:30AM-7:00AM HALF	BADMINTON 5:30AM-7:00AM HALF	BADMINTON 5:30AM-7:00AM HALF	BADMINTON 5:30AM-7:00AM HALF	
	SUMMER CAMP 7AM – 12PM FULL	SUMMER CAMP 7AM – 12PM FULL	SUMMER CAMP 7AM – 12PM FULL	SUMMER CAMP 7AM – 12PM FULL	OPEN 7AM – 4PM HALF	
	LUNCH TIME BASKETBALL 12PM-1:30PM FULL	LUNCH TIME BASKETBALL 12PM-1:30PM FULL	LUNCH TIME BASKETBALL 12PM-1:30PM FULL	LUNCH TIME BASKETBALL 12PM-1:30PM FULL	LUNCH TIME BASKETBALL 12PM-1:30PM FULL	FAMILY GYM TIME 10AM-12PM FULL
	SUMMER CAMP 1:30PM-6PM HALF	SUMMER CAMP 1:30PM-6PM HALF	SUMMER CAMP 1:30PM-6PM HALF	SUMMER CAMP 1:30PM-6PM HALF	SUMMER CAMP 1:30PM-6PM HALF	SUMMER CAMP 7:00AM-6PM HALF
	FAMILY GYM TIME 1:30PM-6PM HALF	FAMILY GYM TIME 1:30PM-6PM HALF	FAMILY GYM TIME 1:30PM-6PM HALF	FAMILY GYM TIME 1:30PM-6PM HALF	FAMILY GYM TIME 1:30PM-6PM HALF	OPEN BASKETBALL 2PM-4:45PM Half (No Equipment)
	OPEN BASKETBALL 6PM-9:45PM (No Equipment)	FAMILY GYM TIME 6PM-7:45PM FULL	OPEN BASKETBALL 6PM-9:45PM (No Equipment)	OPEN BASKETBALL 9PM-9:45PM FULL (No Equipment)	BADMINTON 6:45PM-8:30PM Half	
		BADMINTON 7:45PM-9:30PM HALF			OPEN BASKETBALL 6PM-8:45PM HALF	
		OPEN BASKETBALL 7:45PM-9:45PM HALF				

IMPORTANT INFORMATION

NO food or drinks allowed in the gymnasium.
 (Capped water bottles only)
NO profanity arguing or fighting.
 Please be respectful of the schedule and sharing of court space.
 If you choose not to abide by these guidelines, membership
 privileges may be revoked.
 NO one under 12 without adult supervision



Facility Operating Hours:

Monday – Thursday 5am – 10pm
 Friday 5am – 9pm
 Saturday 8am – 5pm
 Sunday 8am – 4pm

**This schedule is subject to change without prior notice.*
GYMNASIUM will close 15 minutes earlier than we close